2020 SAFETY TRAINING CATALOG

Exceptional and Affordable Training Solutions For Every Workplace in South Carolina & Georgia!
About Southeastern Chapter National Safety Council (SCNSC)

SCNSC is a nonprofit, membership organization headquartered in Irmo, SC. Our mission is to promote change to eliminate preventable injuries, death and loss in the communities we serve. We are passionate about providing high quality training and resources to keep you and your employees safe at work, on the road and at home.

Our network of experienced trainers is available to you and ready to travel anywhere in South Carolina and Georgia! If you are not able to attend one of our pre-scheduled courses, call us at (800) 733-6185 or email info@scnsc.org to schedule any of our courses at a convenient time and location for you.

Members GET MORE!

For one low annual fee, your company will become a member of the National Safety Council + SCNSC. Join now and SAVE BIG @ SCNSC.ORG!

Join Our Network

Become a Member

Gain access to the latest research, best practices and tools to support a safe workplace. Membership provides resources to help you and your team make the best safety decisions to prevent workplace injuries, improve worker health and wellness, increase productivity and business sustainability, and help your organization grow as an industry safety leader.

BIG Savings on Training & Materials

And Access to Exclusive Online Resources & Customizable Safety Content

Visit SCNSC.ORG to Complete Your Membership Application
NSC offers the only OSHA compliant First Aid, CPR & AED course! This 5-hour training provides the knowledge to respond to a medical emergency effectively and efficiently.

Become an NSC First Aid, CPR & AED Instructor and gain the knowledge and flexibility to train and certify your own employees in First Aid, CPR & AED.

Our experienced trainers and local SCNSC staff are always available to help you on your journey to safety excellence. If you see a course that is not offered in a convenient location for you, our trainers will travel!

Schedule any SCNSC course at a location of your choice in South Carolina and Georgia.

Call us at (803) 732-6778 or email info@scnsc.org to learn more and reserve a date for your next training.

**Emergency Care**

**Adult/Child First Aid, CPR & AED Certification**

NSC offers the only OSHA compliant First Aid, CPR & AED course! This 5-hour training provides the knowledge to respond to a medical emergency effectively and efficiently.

**Irmo, SC** - Feb 5 • May 6 • Sep 9 • Dec 2  
**Myrtle Beach, SC** - Jun 11  
**Charleston, SC** - Oct 1  

**Emergency Care Instructor | First Aid, CPR & AED**

Become an NSC First Aid, CPR & AED Instructor and gain the knowledge and flexibility to train and certify your own employees in First Aid, CPR & AED.

**Irmo, SC** - Feb 5-6 • May 6-7 • Sep 9-10 • Dec 2-3  
**Myrtle Beach, SC** - Jun 11-12  
**Greenville, SC** - Nov 11-12  
**Charleston, SC** - Oct 1-2  
**Augusta, GA** - Aug 12-13

**Skills Testing for Adult/Child First-Aid, CPR & AED**

Complete the National Safety Council First-Aid, CPR & AED course online at your convenience, and schedule the hands-on skills test with one of our trainers to complete your certification. The skills test is $35 at the SCNSC Training Center and lasts 30-45 minutes. Onsite training may incur an additional travel fee.

**Advanced First Aid, CPR & AED**

Ensure compliance and prepare your workforce with this comprehensive 16 to 40-hour advanced first aid course. It’s the industry-leading occupational first aid training that will help your workforce recognize and act competently and confidently in an emergency situation in order to sustain life.

**ONSITE TRAINING**

SCNSC will be there for you!

Our experienced trainers and local SCNSC staff are always available to help you on your journey to safety excellence. If you see a course that is not offered in a convenient location for you, our trainers will travel!

Schedule any SCNSC course at a location of your choice in South Carolina and Georgia.

Call us at (803) 732-6778 or email info@scnsc.org to learn more and reserve a date for your next training.
OSHA Compliance

**OSHA 10 Hour | General Industry**

Training designed for safety personnel, instructors, managers, supervisors, or anyone having responsibility for OSHA compliance in an industrial setting.

*Irmo, SC* - Feb 4-5 • Aug 18-19

**OSHA 10 Hour | Construction**

Training designed for safety personnel, instructors, managers, supervisors, or anyone having responsibility for OSHA compliance in a construction setting.

*Irmo, SC* - Mar 12-13 • Sep 10-11

**OSHA 30 Hour | General Industry**

Comprehensive OSHA training for individuals with safety and health responsibilities, or to be used as a tool to increase awareness of health and safety for any employee.

*Irmo, SC* - Jun 2-5

**OSHA 30 Hour | Construction**

Comprehensive OSHA training for individuals with safety and health responsibilities, or to be used as a tool to increase awareness of health and safety for any employee.

*Irmo, SC* - Dec 15-18

**Fork Lift Instructor Course**

Our one-day course teaches candidate instructors how to develop and deliver in-house training programs, design exercises for staff evaluations, and instruct non-operators how to work safely around fork lifts.

*Irmo, SC* - Jan 23 • Apr 14 • Jul 23 • Nov 18

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**SAFETY CONSULTING**

Need a hand with your safety and health plan? We’re here to help. With customized onsite training, we will tailor our safety programs to meet your specific needs at a convenient time and location for you and your team. We are also available to conduct onsite mock inspections and make recommendations to ensure your workplace is in compliance before (or after) you are faced with an inspection that could lead to expensive fines.

Call SCNSC at (803) 732-6778 and ask how we can help you reach your goals!
# Temporary Traffic Control in Highway Work Zones - Design and Supervision

Temporary Traffic Control Supervisor prepares work zone supervisors to interpret, adapt, and implement Traffic Control Plans.

<table>
<thead>
<tr>
<th>Location</th>
<th>Dates</th>
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<tbody>
<tr>
<td>Irmo, SC</td>
<td>Feb 6-7, May 5-6, Aug 20-21, Nov 16-17</td>
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Required every 5 years to maintain certification.

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<tr>
<th>Location</th>
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<tr>
<td>Irmo, SC</td>
<td>Mar 11, Jul 10, Oct 30</td>
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## Temporary Traffic Control Supervisor (REFRESHER)

<table>
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<tr>
<th>Location</th>
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<tbody>
<tr>
<td>Irmo, SC</td>
<td>Feb 20, May 21, Sep 10, Nov 19</td>
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## Flagger Instructor Training

Learn to teach standard flagging procedures and certify your work crews. South Carolina and Georgia approved!

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<tr>
<td>Irmo, SC</td>
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## Flagger Novice Training

4-hour basic flagger training and certification. South Carolina and Georgia approved!

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# New Training Course in 2020

## Basic Work Zone

Controlling traffic through work areas is one of the most important and dangerous operations in construction maintenance. The Basic Work Zone course is an introduction to work zone set up, focusing on specific requirements from the MUTCD and the SCDOT Standard Drawings/SCDOT Work Zone Safety Handbook.

Who should attend? Individuals with safety and health responsibilities in highway and street construction; bridge, tunnel, water or sewer construction; concrete, utilities, or paving industries; state transportation, and county or municipal street/public works departments.

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</table>
The NSC Advanced Safety Certificate program is a nationally recognized safety curriculum based on proven best practices. The ASC® program builds upon knowledge of compliance requirements to further your safety education. It also sharpens leadership skills to drive fundamental safety change throughout your organization. For individuals on a safety career path, this program provides a starting point, a clear roadmap and best-in-class educational experiences to meet many industry-leading certification requirements.

**Ergonomics**

The Ergonomics course will teach you how to reduce the number and severity of musculoskeletal injuries in your workplace through a practical and effective program.

**Irmo, SC** - Mar 24 • Sep 15

**Job Safety Analysis**

Learn how to dissect processes in your operation and eliminate hazards inherent with these processes, and learn how to enlist participation from frontline employees, supervisors and upper management.

**Irmo, SC** - Mar 25 • Sep 16

**Safety Inspections**

This course provides an overview of the safety and health inspection process then examines specific techniques to make improvements. It addresses basic skills for conducting various types of inspections and correcting identified hazards.

**Irmo, SC** - Mar 26 • Sep 17

**Incident Investigation**

The Incident Investigation course focuses on techniques for gathering complete, accurate and objective incident data, establishing root causes, reporting findings and determining corrective action.

**Irmo, SC** - Mar 27 • Sep 18

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**Advanced Safety Certificate (ASC)**

Then choose a combination of the 4-day and 1-day Courses listed to complete a total of 12 days required as part of the ASC Certification Program.
Advanced Safety

Learn how to anticipate, recognize, evaluate and control physical, chemical, ergonomic, and biological hazards within your workplace.

POSH focuses on best practices for implementing and managing a safety program. The course is a great introduction for anyone new to safety responsibilities and an excellent review for experienced safety practitioners.

Learn how to plan, organize, create and deliver performance-based safety training that truly engages employees and improves your organization’s safety practices.

To achieve the Advanced Safety Certificate, all course requirements must be completed in a five-year period. ASC courses are available to any individual wanting to increase their knowledge and effectiveness in safety management. Course participants are not required to complete the full ASC program.

4-Day Courses

**Fundamentals of Industrial Hygiene**

Learn how to anticipate, recognize, evaluate and control physical, chemical, ergonomic, and biological hazards within your workplace.

*Myrtle Beach, SC - Aug 3-6*

**Principles of Occupational Safety and Health**

POSH focuses on best practices for implementing and managing a safety program. The course is a great introduction for anyone new to safety responsibilities and an excellent review for experienced safety practitioners.

*Myrtle Beach, SC - Jun 15-18*

**Safety Management Techniques**

Learn how to be an effective safety manager through a balanced approach to safety management, while addressing administrative, technical and cultural elements of safety.

*Myrtle Beach, SC - July 13-16*

**Safety Training Methods**

Learn how to plan, organize, create and deliver performance-based safety training that truly engages employees and improves your organization’s safety practices.

*Irmo, SC - May 18-21*

For discounted hotel rates in Myrtle Beach or Irmo, visit NSCTravel.com or call (803) 834-6720.
OSHA Training Institute

OSHA 500 & 7000 Level Courses are offered in partnership with NC State University. Visit SCNSC.ORG/Workplace/SEOTI to read full course descriptions and requirements, and registration links to sign up for a class through NC State University.

7000 Level Courses
Increase your knowledge as a safety professional and keep your workplace OSHA compliant with SEOTI training.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Description</th>
<th>Location</th>
<th>Dates</th>
<th>Price</th>
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</thead>
<tbody>
<tr>
<td>OSHA 7500</td>
<td>Introduction to Safety &amp; Health Management</td>
<td>This one-day course features information on effective strategies for implementing a safety and health management system in the workplace.</td>
<td>Irmo, SC</td>
<td>Dec 7</td>
<td>$275</td>
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<tr>
<td>OSHA 7505</td>
<td>Introduction to Incident Investigation</td>
<td>The goal of this course is to help participants gain the basic skills necessary to conduct an effective accident investigation at their workplace.</td>
<td>Irmo, SC</td>
<td>Dec 8</td>
<td>$275</td>
</tr>
<tr>
<td>OSHA 7215</td>
<td>Silica in Construction, Maritime, General Industry</td>
<td>This course covers the development and implementation of controls and strategies to prevent or mitigate silica exposures in construction, maritime, and general industries.</td>
<td>Irmo, SC</td>
<td>Oct 28</td>
<td>$275</td>
</tr>
<tr>
<td>OSHA 7845</td>
<td>Recordkeeping Rule Seminar</td>
<td>This course is designed to assist employers in identifying and fulfilling their responsibilities for posting and maintaining records of illnesses and injuries and reporting specific cases to OSHA.</td>
<td>Irmo, SC</td>
<td>Oct 27</td>
<td>$275</td>
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<tr>
<td>OSHA 7115</td>
<td>Lockout / Tag-Out (LOTO)</td>
<td>This course describes the role and responsibility of the employer to develop and implement an energy control program, or lockout/tagout (LOTO) for the protection of workers while performing servicing and maintenance activities on machinery and equipment.</td>
<td>Irmo, SC</td>
<td>Dec 1</td>
<td>$275</td>
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<tr>
<td>OSHA 7105</td>
<td>Introduction to Evacuation and Emergency Planning</td>
<td>This course covers OSHA requirements for emergency action and fire protection plans. Students will gain the ability to list the elements of an emergency action plan and emergency evacuation floor plans, recognize violations of OSHA exit route requirements, determine whether their organization requires an emergency action plan, and develop and implement workplace emergency action and fire protection plans.</td>
<td>Irmo, SC</td>
<td>Dec 9</td>
<td>$275</td>
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<tr>
<td>OSHA 7205</td>
<td>Health Hazard Awareness</td>
<td>This course covers common health hazards that are encountered in the workplace including chemical, biological, physical and ergonomic hazards. Students will have the ability to understand common health hazards in the workplace and methods for controlling and abating these hazards.</td>
<td>Irmo, SC</td>
<td>Dec 10</td>
<td>$275</td>
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Visit SCNSC.ORG/Workplace/SEOTI to read full course descriptions and requirements, and registration links to sign up for a class through NC State University.
500 Level Courses
Become an OSHA-authorized Trainer through OSHA’s Outreach Training Program.

Construction Industry

<table>
<thead>
<tr>
<th>Course</th>
<th>Price</th>
<th>Start Date</th>
<th>Location</th>
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<tr>
<td>OSHA 510 (Pre-requisite Course)</td>
<td>$825</td>
<td>Jul 28-31</td>
<td>Surfside, SC</td>
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<tr>
<td>OSHA 500</td>
<td>$825</td>
<td>Oct 6-9</td>
<td>Irmo, SC</td>
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<tr>
<td>OSHA 502 (Refresher Course)</td>
<td>$650</td>
<td>Mar 18-20</td>
<td>Irmo, SC</td>
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<td>Oct 14-16</td>
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General Industry

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<tr>
<th>Course</th>
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<th>Start Date</th>
<th>Location</th>
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<tbody>
<tr>
<td>OSHA 511 (Pre-requisite Course)</td>
<td>$825</td>
<td>Apr 21-23</td>
<td>Irmo, SC</td>
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<td>Oct 20-23</td>
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<td>OSHA 501</td>
<td>$825</td>
<td>May 12-15</td>
<td>Irmo, SC</td>
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<td>OSHA 503 (Refresher Course)</td>
<td>$650</td>
<td>Apr 15-17</td>
<td>Irmo, SC</td>
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SCNSC TRAINING CENTER

Looking for a space for your next meeting? Conveniently located in Irmo, SC, just minutes from downtown Columbia, the SCNSC Training Center is FREE for our members and affordably priced for non-members! Our facility offers 6,500 square feet of flexible meeting space, comfortable seating and state-of-the-art AV equipment. Call us at (803) 732-6778 or email info@scnsc.org to reserve a space for your next meeting or event.

HOTEL SAVINGS

SCNSC has partnered with Direct Accommodations to secure discounted rates at nearby hotels all year long. To reserve a room, simply indicate you are with the National Safety Council:

Book Online: NSCTravel.com
Call: (803) 834-6720
Email: travel@directacc.com

Hyatt Irmo
1130 Kinley Rd. | Irmo, SC 29063

Hilton Garden Inn
434 Columbiana Dr. | Columbia, SC 29212

Aloft Harbison
217 Lanneau Ct. | Columbia, SC 29212

Fairfield Inn Irmo
320 Columbiana Dr. | Columbia, SC 29212
Defensive Driving

BECOME A DEFENSIVE DRIVING INSTRUCTOR

Member: $1,790 | Non-Member: $1,990

National Safety Council makes it easy to become a certified Defensive Driving Course instructor. Through the eLearning Instructor Certification Program, you can schedule training at your convenience. The course combines best practice instructor facilitation and training methods for teaching defensive driving, instructions on how to teach the course along with scenario-based training showing actual instructor-student interactions.

Online Training: Call (803) 732-6778 or email INFO@SCNSC.ORG

DDC-4 (4-Hour Defensive Driving Course)

Price: $60

This highly interactive defensive driving course is designed to motivate drivers to change their behind-the-wheel behaviors and attitudes. Curriculum provides the knowledge and skills needed to avoid collisions and traffic violations.

Call (803) 732-6778 or email INFO@SCNSC.ORG to schedule a class.

Professional Truck Driver

Price: $75

Professional Truck Driver is a 4-hour defensive driving course that addresses the most common causes of truck related crashes and provides the knowledge and driving techniques to educate drivers to make safe and lawful decisions.

Call (803) 732-6778 or email INFO@SCNSC.ORG to schedule a class.

DDC-8 (8-Hour Defensive Driving Course)

Price: $89*

SOUTH CAROLINA POINT REDUCTION COURSE

The NSC 8-Hour Defensive Driving Course is accredited by the SCDMV as the point reduction program in South Carolina. Completion of this course will reduce 4-points from an SCDMV driving record, including CDL drivers. SCNSC has partnered with additional training centers statewide to offer the point reduction course in 21 locations.

Visit SCNSC.ORG/DDC/DDC8 or call (803) 732-6778 to find a class near you!

Offered Weekly at Locations Across South Carolina

*Price may vary at Technical College Training Centers

DDC-8 is also available as an onsite training for workplaces in South Carolina and Georgia. Call (803) 732-6778 to schedule a training at a convenient time and location for you and your drivers.
Corporate Events Reimagined

The SCNSC Distracted Driving Simulator is a hands-on approach to driver education. Using virtual reality software, participants operate a stationary vehicle under various conditions including texting-while-driving, impaired driving and hazardous road conditions. This fun and interactive program is a great addition to any outdoor event!

The Distracted Driving Simulator is available for half-day (4 hour or less) or full-day (up to 8 hours) events. Two SCNSC staff members will be onsite to operate the Simulator.

Half-Day Rental $750*
Full-Day Rental $1,000*

*Rental rates are based on events within a 75-mile radius from the SCNSC office in Irmo, SC. Additional travel expenses may be required for events beyond this service area.

Contact SCNSC at (803) 732-6778 or email info@scnsc.org to reserve the Distracted Driving Simulator or book a speaker for your next event!