

## Defensive Driving Courses: INSTRUCTOR CERTIFICATION

**National Safety Council Defensive Driving Course instructors** are the core to our proven success and global recognition. They are committed to teaching our standardized curriculum guaranteeing consistency in content and facilitation while providing a positive learning and interactive classroom experience.

NSC has made it easier than ever to become a certified Defensive Driving Course instructor through our **eLearning Instructor Certification Course**. Through the web-based course, you can:

- ▶ Schedule training at your convenience
- ▶ Eliminate travel planning and related expenses
- ▶ Experience less time away from work

### What candidate instructors will learn:

The eLearning Instructor Certification Course combines the core knowledge and principles of defensive driving with proven-effective facilitation methods. Candidate instructors learn the necessary skills to teach a successful NSC driver safety program through interactive, scenario-based training. After successfully completing the program, instructors will be able to:

- ▶ Teach drivers with varying skill levels, attitudes and behaviors
- ▶ Understand how to identify each driver's strengths and weaknesses
- ▶ Provide personalized, practical solutions to problematic situations
- ▶ Demonstrate the knowledge and confidence of a driver safety professional
- ▶ Deliver an engaging, positive learning experience
- ▶ Motivate people to be safer and more responsible drivers

### Getting started with NSC Instructor Certification

To become a certified instructor, NSC recommends candidates first attend the classroom course they wish to teach. They must then successfully complete the following eLearning Instructor Certification Course units:

- ▶ **Defensive Driving Course Foundation:** Introduces defensive driving principles, reviews standards and regulations and discusses course-specific terminology.
- ▶ **Defensive Driving Course Facilitation:** Learn the instructor's role, responsibility and proper classroom management.
- ▶ **Choice Theory:** Read the book *Choice Theory* by William Glasser, MD, learn and apply Reality Therapy and Choice Theory techniques to help students identify and adopt new behaviors. This unit is only required for Alive at 25, Attitudinal Dynamics of Driving and Chronic Offender courses.
- ▶ **Course-specified Training:** Covers the curriculum for the Defensive Driving Course you plan to teach. *See page 2 for course details and pricing.*



## Easy as 1-2-3

1. Contact us at **(800) 733-6185** to register for the Instructor Certification Course and order your Instructor Resource Kit.
2. Simply sign in and complete your eLearning Instructor Certification Course.
3. **Start Teaching!**

To learn more about eLearning Instructor Certification: Go to [scnsc.org/ddc/ddcinstructor](http://scnsc.org/ddc/ddcinstructor)

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*Eliminating Preventable Deaths®*

# Defensive Driving Courses:

## INSTRUCTOR CERTIFICATION



We offer instructor-led driver safety courses ranging from 3 hours up to 8 hours in length. We provide various programs based on driver experience, skill level, driving behavior and vehicle type. Most importantly, we design our programs based on research and scientific data ensuring drivers learn practical safe driving techniques and behaviors.

### The Defensive Driving Course

The NSC flagship driver safety program provides participants with comprehensive defensive driving knowledge and safe driving techniques. Instructors have the flexibility to teach the course in 4-, 6- or 8-hours.

### Professional Truck Driver

3- or 4-hour course addresses the most challenging and unsafe driving situations for truck drivers by emphasizing hazard recognition scenarios and real-life driving situations to enhance learner's experience and retention.

### Alive at 25<sup>®</sup>

4-hour young adult program teaches learning-to-drive and newly licensed drivers how to take control of situations by taking responsibility for their driving behaviors.

### Attitudinal Dynamics of Driving and Chronic Offender (two separate courses)

8-hour advanced behavior-based courses for drivers with poor driving habits and risky driving behaviors, or those who have multiple traffic violations or had their license suspended.

### State Courts against Road Rage

4-hour program to educate and reduce recidivism among drivers charged with serious motor violations.

**The Instructor Resource Kit** is required to complete the eLearning Instructor Certification Course. It includes your Instructor Manual, Multimedia Presentation, Participant Course Guide, Certificate of Completion, Reference Material and Administrative Guidelines and your first year of Instructor Certification.

Get a closer look at our eLearning Instructor Certification Course, watch a 5-minute video [nsc.org/Instructor-Demo](https://nsc.org/Instructor-Demo)

Course Name and Training Materials*		Member Price	Non-Member Price
<b>The Defensive Driving Course</b>	eLearning Instructor Certification Course	\$699	\$770
	Instructor Resource Kit	\$895	\$995
<b>Professional Truck Driver</b>	eLearning Instructor Certification Course	\$699	\$770
	Instructor Resource Kit	\$695	\$795
<b>Alive at 25</b>	eLearning Instructor Certification Course	\$699	\$770
	Instructor Resource Kit	\$695	\$795
<b>Attitudinal Dynamics of Driving</b>	eLearning Instructor Certification Course	\$699	\$770
	Instructor Resource Kit	\$795	\$895
<b>Chronic Offender</b>	eLearning Instructor Certification Course	\$699	\$770
	Instructor Resource Kit	\$795	\$895
<b>State Courts Against Road Rage</b>	eLearning Instructor Certification Course	\$699	\$770
	Instructor Resource Kit	\$695	\$795

\*Payment for eLearning Instructor Certification Course and Instructor Resource Kit is required prior to beginning the eLearning Instructor Certification Course. Your first-year of Instructor credential is included when you complete the eLearning Instructor Certification Course. Instructor recertification is billed annually after that.



## Defensive Driving Courses (DDC) e-Learning Instructor Certification Courses: Module Sessions and Timing

### DDC Foundation (Principles of Defensive Driving)\*

UNIT	MODULE		TIMING (MINUTES)
<b>1</b>	1-1	Introduction and Overview	14
	1-2	Know Your State and Local Laws	14
	1-3	Driver Background and Experience	30
	1-4	Vehicle and Driver Control	20
	1-5	Stopping and Following Distance	14
	1-6	Occupant Safety	18
	1-7	Impaired Driving	15
	1-8	Aggressive Driving and Road Rage	12
	1-9	Backing with Large Trucks	13
			<b>150</b> (2 hours 30 minutes)

*\*Unit 1 has nine Modules. Each Module has a test. Candidates must score 100% to move to the next Modules. This means retaking the same test each time until the Candidate passes.*

### DDC Facilitation and Classroom Management\*

UNIT	MODULE		TIMING (MINUTES)
<b>2</b>	2-1	Learner Characteristics and Learning Styles	25
	2-2	Instructor Communications	20
	2-3	Facilitation Techniques	25
	2-4	Participant and Classroom Management	30
	2-5	Instructor Responsibilities	20
			<b>120</b> (2 hours)

*\*Unit 2 has five Modules. Each Module has a test. Candidates must score 100% to move to the next Modules. This means retaking the same test each time until the Candidate passes.*

### Choice Theory/Reality Therapy\*

(Required Module for Alive at 25, Attitudinal Dynamics of Driving, Chronic Offender and SCARR)

UNIT	MODULE		TIMING (MINUTES)
<b>3</b>	3-1	Reality Therapy and Choice Theory	65
	3-2	Choice Theory Pre-Certification Exam	25
			<b>90</b> (1 hour 30 minutes)

*\*Unit 3 has two Modules and as well as downloadable material. The downloadable material is at the discretion of the student. Each Module has a test. Candidates must score 100% to move to the next Module. The Choice Theory/Reality Theory Unit has 15 questions drawn from bank of constantly changing questions. If the Candidate must retest, he/she may receive a different question arrangement each time.*



## UNIT 4 - Defensive Driving Course (Specific) Curriculum\*

Teaching *NSC Defensive Driving Course 10<sup>th</sup> edition* (available January 2019)\*

UNIT	MODULE	TIMING (MINUTES)
<b>4</b>	<b>About NSC Defensive Driving Course</b>	TBD
	4-1 Starting the Course: Why Are We Here?	TBD
	4-2 Sharing the Road	TBD
	4-3 Deadly Choices	TBD
	4-4 Vehicle and Lane Management	TBD
	4-5 Recognize the Hazard and Make the Right Choice	TBD
	4-6 Topics Covered in the 8-Hour Course	TBD
	4-7 Concluding the Course	TBD

\*Instructor Certification Course in development. Module topics may change. Length of course will be finalized by January 2019.

**Approx. 300  
(5 hours)**

### Teaching *NSC Professional Truck Driver*

UNIT	MODULE	TIMING (MINUTES)
<b>4</b>	<b>About Professional Truck Driver</b>	65
	4-1 Professionals in the Roadway Community	45
	4-2 The Professional Driver	50
	4-3 Driving Strategies	65
	4-4 Handling Challenging Situations	45

**270  
(4 hours  
30 minutes)**

### Teaching *Alive at 25*

UNIT	MODULE	TIMING (MINUTES)
<b>4</b>	<b>About Alive at 25</b>	50
	4-1 What's Stopping Me?	50
	4-2 Am I Aware?	50
	4-3 What's the Risk?	45
	4-4 Who Controls My Outcome?	30
	4-5 Know My Limits	15

**240  
(4 hours)**

*Additional UNIT 4 Teaching Courses on Page 3*



## Teaching *NSC Attitudinal Dynamics of Driving*

UNIT	MODULE	TIMING (MINUTES)
<b>4</b>	<b>About Attitudinal Dynamics of Driving</b>	50
	4-1 Driving in the Real World	45
	4-2 Self-Assessment Profile	20
	4-3 What Motivates Behavior	40
	4-4 What Do You Know?	25
	4-5 Total Behavior	30
	4-6 Planning for Change	35
	4-7 Driving Choices and Behaviors	40
	4-8 Choosing Responsible and Respectful Behaviors	30
		<b>315</b>
		<b>(5 hours 15 minutes)</b>

## Teaching *NSC Chronic Offender*

UNIT	MODULE	TIMING (MINUTES)
<b>4</b>	<b>About Chronic Offender</b>	55
	4-1 I Need to Know!	60
	4-2 What I Choose to Do	50
	4-3 The Reality of My Choices	50
	4-4 Taking Responsibility	25
		<b>240</b>
		<b>(4 hours)</b>

## Teaching *State Courts Against Road Rage*

UNIT	MODULE	TIMING (MINUTES)
<b>4</b>	<b>About State Courts Against Road Rage</b>	40
	4-1 How Did You Get Here?	50
	4-2 The Deadly Sins of Driving	40
	4-3 Impaired Driving	40
	4-4 What Can Happen?	40
		<b>210</b>
		<b>(3 hours 30 minutes)</b>

\*There are six different Unit 4s — one for each curriculum. The timing for each Unit/Module is based on passing all tests on the initial trial. Timing for each Unit/Module may vary among Candidate Instructors. The Modules and tests run from as few as four to as many as eight depending on the curriculum. Candidates must score 100% to move to the next Module. This may mean retaking the same test until the Candidate passes.

### Practice Teaching

Within two weeks of the completion of the final module of the final unit required for Certification, the Training Center will receive the Candidate's DDC Credentials. The Training Center is to monitor at least two complete programs taught by the instructor prior to signing and issuing the Certificate to the new instructor.