

Defensive Driving Courses: INSTRUCTOR CERTIFICATION

National Safety Council Defensive Driving Course instructors are the core to our proven success and global recognition. They are committed to teaching our standardized curriculum guaranteeing consistency in content and facilitation while providing a positive learning and interactive classroom experience.

NSC has made it easier than ever to become a certified Defensive Driving Course instructor through our **eLearning Instructor Certification Course**. Through the web-based course, you can:

- ▶ Schedule training at your convenience
- ▶ Eliminate travel planning and related expenses
- ▶ Experience less time away from work

What candidate instructors will learn:

The eLearning Instructor Certification Course combines the core knowledge and principles of defensive driving with proven-effective facilitation methods. Candidate instructors learn the necessary skills to teach a successful NSC driver safety program through interactive, scenario-based training. After successfully completing the program, instructors will be able to:

- ▶ Teach drivers with varying skill levels, attitudes and behaviors
- ▶ Understand how to identify each driver's strengths and weaknesses
- ▶ Provide personalized, practical solutions to problematic situations
- ▶ Demonstrate the knowledge and confidence of a driver safety professional
- ▶ Deliver an engaging, positive learning experience
- ▶ Motivate people to be safer and more responsible drivers

Getting started with NSC Instructor Certification

To become a certified instructor, NSC recommends candidates first attend the classroom course they wish to teach. They must then successfully complete the following eLearning Instructor Certification Course units:

- ▶ **Defensive Driving Course Foundation:** Introduces defensive driving principles, reviews standards and regulations and discusses course-specific terminology.
- ▶ **Defensive Driving Course Facilitation:** Learn the instructor's role, responsibility and proper classroom management.
- ▶ **Choice Theory:** Watch Webinar.
- ▶ **Course-specified Training:** Covers the curriculum for the Defensive Driving Course you plan to teach. *See page 2 for course details and pricing.*



Easy as 1-2-3

1. Contact us at **(800) 733-6185** to register for the Instructor Certification Course and order your Instructor Resource Kit.
2. Simply sign in and complete your eLearning Instructor Certification Course.
3. **Start Teaching!**

To learn more about eLearning Instructor Certification: Go to scnsc.org/ddc/ddcinstructor

See reverse side

Eliminating Preventable Deaths®

Defensive Driving Courses:

INSTRUCTOR CERTIFICATION



We offer instructor-led driver safety courses ranging from 3 hours up to 8 hours in length. We provide various programs based on driver experience, skill level, driving behavior and vehicle type. Most importantly, we design our programs based on research and scientific data ensuring drivers learn practical safe driving techniques and behaviors.

The Defensive Driving Course

The NSC flagship driver safety program provides participants with comprehensive defensive driving knowledge and safe driving techniques. Instructors have the flexibility to teach the course in 4-, 6- or 8-hours.

Professional Truck Driver

3- or 4-hour course addresses the most challenging and unsafe driving situations for truck drivers by emphasizing hazard recognition scenarios and real-life driving situations to enhance learner's experience and retention.

Alive at 25®

4- hour young adult program teaches learning-to-drive and newly licensed drivers how to take control of situations by taking responsibility for their driving behaviors.

Attitudinal Dynamics of Driving and Chronic Offender (two separate courses)

8-hour advanced behavior-based courses for drivers with poor driving habits and risky driving behaviors, or those who have multiple traffic violations or had their license suspended.

The **Instructor Resource Kit** is required to complete the eLearning Instructor Certification Course. It includes your Instructor Manual, Multimedia Presentation, Participant Course Guide, Certificate of Completion, Reference Material and Administrative Guidelines and your first year of Instructor Certification.

Get a closer look at our eLearning Instructor Certification Course, watch a 5-minute video nsc.org/Instructor-Demo

| Course Name and Training Materials* | | Member Price | Non-Member Price |
|--|---|--------------|------------------|
| The Defensive Driving Course | eLearning Instructor Certification Course | \$795 | \$995 |
| | Instructor Resource Kit | \$1075 | \$1275 |
| Professional Truck Driver | eLearning Instructor Certification Course | \$795 | \$995 |
| | Instructor Resource Kit | \$795 | \$995 |
| Alive at 25 | eLearning Instructor Certification Course | \$795 | \$995 |
| | Instructor Resource Kit | \$795 | \$995 |
| Attitudinal Dynamics of Driving | eLearning Instructor Certification Course | \$795 | \$995 |
| | Instructor Resource Kit | \$895 | \$995 |
| Chronic Offender | eLearning Instructor Certification Course | \$795 | \$995 |
| | Instructor Resource Kit | \$895 | \$995 |
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*Payment for eLearning Instructor Certification Course and Instructor Resource Kit is required prior to beginning the eLearning Instructor Certification Course. Your first-year of Instructor credential is included when you complete the eLearning Instructor Certification Course. Instructor recertification is billed annually after that.

Defensive Driving Courses (DDC) e-Learning Instructor Certification Courses: Module Sessions and Timing

DDC Foundation (Principles of Defensive Driving)*

| UNIT | MODULE | TIMING (MINUTES) | |
|----------|--------|---------------------------------------|----|
| 1 | 1-1 | Introduction and Overview | 14 |
| | 1-2 | Know Your State and Local Laws | 14 |
| | 1-3 | Driver Background and Experience | 30 |
| | 1-4 | Vehicle and Driver Control | 20 |
| | 1-5 | Stopping and Following Distance | 14 |
| | 1-6 | Occupant Safety | 18 |
| | 1-7 | Impaired Driving | 15 |
| | 1-8 | Aggressive Driving and Road Rage | 12 |
| | 1-9 | Backing with Large Trucks | 13 |
| | | 150 (2 hours 30 minutes) | |

**Unit 1 has nine Modules. Each Module has a test. Candidates must score 100% to move to the next Modules. This means retaking the same test each time until the Candidate passes.*

DDC Facilitation and Classroom Management*

| UNIT | MODULE | TIMING (MINUTES) | |
|----------|--------|---|----|
| 2 | 2-1 | Learner Characteristics and Learning Styles | 25 |
| | 2-2 | Instructor Communications | 20 |
| | 2-3 | Facilitation Techniques | 25 |
| | 2-4 | Participant and Classroom Management | 30 |
| | 2-5 | Instructor Responsibilities | 20 |
| | | 120 (2 hours) | |

**Unit 2 has five Modules. Each Module has a test. Candidates must score 100% to move to the next Modules. This means retaking the same test each time until the Candidate passes.*

Choice Theory/Reality Therapy*

(Required Module for Alive at 25, Attitudinal Dynamics of Driving, Chronic Offender and SCARR)

| UNIT | MODULE | TIMING (MINUTES) | |
|----------|--------|--------------------------------------|----|
| 3 | 3-1 | Reality Therapy and Choice Theory | 65 |
| | 3-2 | Choice Theory Pre-Certification Exam | 25 |
| | | 90 (1 hour 30 minutes) | |

**Unit 3 has two Modules and as well as downloadable material. The downloadable material is at the discretion of the student. Each Module has a test. Candidates must score 100% to move to the next Module. The Choice Theory/Reality Theory Unit has 15 questions drawn from bank of constantly changing questions. If the Candidate must retest, he/she may receive a different question arrangement each time.*

UNIT 4 - Defensive Driving Course (Specific) Curriculum*

Teaching *NSC Defensive Driving Course 10th edition* (available January 2019)*

| UNIT | MODULE | TIMING (MINUTES) |
|--|--|----------------------------------|
| 4 | About NSC Defensive Driving Course | TBD |
| | 4-1 Starting the Course: Why Are We Here? | TBD |
| | 4-2 Sharing the Road | TBD |
| | 4-3 Deadly Choices | TBD |
| | 4-4 Vehicle and Lane Management | TBD |
| | 4-5 Recognize the Hazard and Make the Right Choice | TBD |
| | 4-6 Topics Covered in the 8-Hour Course | TBD |
| | 4-7 Concluding the Course | TBD |
| *Instructor Certification Course in development. Module topics may change. Length of course will be finalized by January 2019. | | Approx. 300 (5 hours) |

Teaching *NSC Professional Truck Driver*

| UNIT | MODULE | TIMING (MINUTES) |
|----------|--|---|
| 4 | About Professional Truck Driver | 65 |
| | 4-1 Professionals in the Roadway Community | 45 |
| | 4-2 The Professional Driver | 50 |
| | 4-3 Driving Strategies | 65 |
| | 4-4 Handling Challenging Situations | 45 |
| | | 270 (4 hours 30 minutes) |

Teaching *Alive at 25*

| UNIT | MODULE | TIMING (MINUTES) |
|----------|------------------------------|--------------------------|
| 4 | About Alive at 25 | 50 |
| | 4-1 What's Stopping Me? | 50 |
| | 4-2 Am I Aware? | 50 |
| | 4-3 What's the Risk? | 45 |
| | 4-4 Who Controls My Outcome? | 30 |
| | 4-5 Know My Limits | 15 |
| | | 240 (4 hours) |

Additional UNIT 4 Teaching Courses on Page 3

Teaching *NSC Attitudinal Dynamics of Driving*

| UNIT | MODULE | TIMING (MINUTES) |
|----------|---|---|
| 4 | About Attitudinal Dynamics of Driving | 50 |
| | 4-1 Driving in the Real World | 45 |
| | 4-2 Self-Assessment Profile | 20 |
| | 4-3 What Motivates Behavior | 40 |
| | 4-4 What Do You Know? | 25 |
| | 4-5 Total Behavior | 30 |
| | 4-6 Planning for Change | 35 |
| | 4-7 Driving Choices and Behaviors | 40 |
| | 4-8 Choosing Responsible and Respectful Behaviors | 30 |
| | | 315 (5 hours 15 minutes) |

Teaching *NSC Chronic Offender*

| UNIT | MODULE | TIMING (MINUTES) |
|----------|-------------------------------|--------------------------------|
| 4 | About Chronic Offender | 55 |
| | 4-1 I Need to Know! | 60 |
| | 4-2 What I Choose to Do | 50 |
| | 4-3 The Reality of My Choices | 50 |
| | 4-4 Taking Responsibility | 25 |
| | | 240 (4 hours) |

Teaching *State Courts Against Road Rage*

| UNIT | MODULE | TIMING (MINUTES) |
|----------|---|---|
| 4 | About State Courts Against Road Rage | 40 |
| | 4-1 How Did You Get Here? | 50 |
| | 4-2 The Deadly Sins of Driving | 40 |
| | 4-3 Impaired Driving | 40 |
| | 4-4 What Can Happen? | 40 |
| | | 210 (3 hours 30 minutes) |

*There are six different Unit 4s — one for each curriculum. The timing for each Unit/Module is based on passing all tests on the initial trial. Timing for each Unit/Module may vary among Candidate Instructors. The Modules and tests run from as few as four to as many as eight depending on the curriculum. Candidates must score 100% to move to the next Module. This may mean retaking the same test until the Candidate passes.

Practice Teaching

Within two weeks of the completion of the final module of the final unit required for Certification, the Training Center will receive the Candidate's DDC Credentials. The Training Center is to monitor at least two complete programs taught by the instructor prior to signing and issuing the Certificate to the new instructor.