



# **Defensive Driving Courses:** INSTRUCTOR CERTIFICATION

**National Safety Council Defensive Driving Course instructors** are the core to our proven success and global recognition. They are committed to teaching our standardized curriculum guaranteeing consistency in content and facilitation while providing a positive learning and interactive classroom experience.

NSC has made it easier than ever to become a certified Defensive Driving Course instructor through our **eLearning Instructor Certification Course.** Through the web-based course, you can:

- Schedule training at your convenience
- Eliminate travel planning and related expenses
- Experience less time away from work

#### What candidate instructors will learn:

The eLearning Instructor Certification Course combines the core knowledge and principles of defensive driving with proven–effective facilitation methods. Candidate instructors learn the necessary skills to teach a successful NSC driver safety program through interactive, scenario–based training. After successfully completing the program, instructors will be able to:

- Teach drivers with varying skill levels, attitudes and behaviors
- Understand how to identify each driver's strengths and weaknesses
- Demonstrate the knowledge and confidence of a driver safety professional
- Deliver an engaging, positive learning experience
- Provide personalized, practical solutions to problematic situations
- Motivate people to be safer and more responsible drivers

#### **Getting started with NSC Instructor Certification**

To become a certified instructor, NSC recommends candidates first attend the classroom course they wish to teach. They must then successfully complete the following eLearning Instructor Certification Course units:

- Defensive Driving Course Foundation: Introduces defensive driving principles, reviews standards and regulations and discusses course-specific terminology.
- Defensive Driving Course Facilitation: Learn the instructor's role, responsibility and proper classroom management.
- Choice Theory: Watch Webinar.
- **Course-specified Training:** Covers the curriculum for the Defensive Driving Course you plan to teach. *See page 2 for course details and pricing.*



# Easyas1-2-3

- 1. Contact us at (800) 733-6185 to order your Instructor Resource Kit and enroll in eLearning.
- 2. Simply sign in and complete your eLearning Instructor Certification Course.
- 3. Start Teaching!

To learn more about eLearning Instructor Certification, visit scnsc.org/ddcinstructor

See reverse side

#### Eliminating Preventable Deaths®

**Defensive Driving Courses** 

INSTRUCTOR CERTIFICA

We offer instructor-led driver safety courses ranging from 3 hours up to 8 hours in length. We provide various programs based on driver experience, skill level, driving behavior and vehicle type. Most importantly, we design our programs based on research and scientific data ensuring drivers learn practical safe driving techniques and behaviors.

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#### The Defensive Driving Course

The NSC flagship driver safety program provides participants with comprehensive defensive driving knowledge and safe driving techniques. Instructors have the flexibility to teach the course in 4–, 6– or 8–hours. **Professional Truck Driver** 

3- or 4-hour course addresses the most challenging and unsafe driving situations for truck drivers by emphasizing hazard recognition scenarios and real-life driving situations to enhance learner's experience and retention. **Alive at 25**®

4- hour young adult program teaches learning-to-drive and newly licensed drivers how to take control of situations by taking responsibility for their driving behaviors.

Attitudinal Dynamics of Driving and Chronic Offender (two separate courses)

8-hour advanced behavior-based courses for drivers with poor driving habits and risky driving behaviors, or those who have multiple traffic violations or had their license suspended.

**The Instructor Resource Kit** is required to complete the eLearning Instructor Certification Course. It includes your Instructor Manual, Multimedia Presentation, Participant Course Guide, Certificate of Completion, Reference Material and Administrative Guidelines and your first year of Instructor Certification.

Course Name ar	Member Price	Non-Member Price	
The Defensive Driving Course	eLearning Instructor Certification Course	\$770	\$960
	Instructor Resource Kit	\$985	\$1221
Professional Truck Driver	al corning Instructor Cortification Course	¢ 770	¢060
	eLearning Instructor Certification Course	\$770	\$960
	Instructor Resource Kit	\$765	\$960
Attitudinal Dynamics of Driving	eLearning Instructor Certification Course	\$770	\$960
	Instructor Resource Kit	\$875	\$960
Chronic Offender	eLearning Instructor Certification Course	\$770	\$960
	Instructor Resource Kit	\$875	\$960

\*Payment for eLearning Instructor Certification Course and Instructor Resource Kit is required prior to beginning the eLearning Instructor Certification Course. Your first-year of Instructor credential is included when you complete the eLearning Instructor Certification Course. Instructor recertification is billed annually after that.

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Eliminating Preventable Deaths®

Get a closer look at our eLearning Instructor Certification Course, watch a 5-minute video nsc.org/Instructor-Demo



# Defensive Driving Courses (DDC) e-Learning Instructor Certification Courses:

Module Sessions and Timing

# DDC Foundation (Principles of Defensive Driving)\*

UNIT	MODULE		TIMING (MINUTES)
1	1-1	Introduction and Overview	14
	1-2	Know Your State and Local Laws	14
	1-3	Driver Background and Experience	30
	1-4	Vehicle and Driver Control	20
	1-5	Stopping and Following Distance	14
	1-6	Occupant Safety	18
	1-7	Impaired Driving	15
	1-8	Aggressive Driving and Road Rage	12
	1-9	Backing with Large Trucks	13
			150
			(2 hours 30 minutes)

\*Unit 1 has nine Modules. Each Module has a test. Candidates must score 100% to move to the next Modules. This means retaking the same test each time until the Candidate passes.

### **DDC Facilitation and Classroom Management\***

UNIT	MODULE		TIMING (MINUTES)
2	2-1	Learner Characteristics and Learning Styles	25
	2-2	Instructor Communications	20
	2-3	Facilitation Techniques	25
	2-4	Participant and Classroom Management	30
	2-5	Instructor Responsibilities	20
			120 (2 hours)

\*Unit 2 has five Modules. Each Module has a test. Candidates must score 100% to move to the next Modules. This means retaking the same test each time until the Candidate passes.

### **Choice Theory/Reality Therapy\***

(Required Module for Alive at 25, Attitudinal Dynamics of Driving, Chronic Offender and SCARR)

UNIT	MODULE		TIMING (MINUTES)
3	3-1	Reality Therapy and Choice Theory	65
	3-2	Choice Theory Pre-Certification Exam	25
			90 (1 hour 30 minutes)

\*Unit 3 has two Modules and as well as downloable material. The downloable material is at the discretion of the student. Each Module has a test. Candidates must score 100% to move to the next Module. The Choice Theory/Reality Theory Unit has 15 questions drawn from bank of constantly changing questions. If the Candidate must retest, he/she may receive a different question arrangement each time.



### **UNIT 4 - Defensive Driving Course (Specific) Curriculum\***

UNIT	MODULE		TIMING (MINUTES)
4		About NSC Defensive Driving Course	TBD
	4-1	Starting the Course: Why Are We Here?	TBD
	4-2	Sharing the Road	TBD
	4-3	Deadly Choices	TBD
	4-4	Vehicle and Lane Management	TBD
	4-5	Recognize the Hazard and Make the Right Choice	TBD
	4-6	Topics Covered in the 8-Hour Course	TBD
	4-7	Concluding the Course	TBD
		*Instructor Certification Course in development. Module topics may	Approx. 300

# Teaching NSC Defensive Driving Course 10<sup>th</sup> edition

\*Instructor Certification Course in development. Module topics may change. Length of course will be finalized by January 2019. (5 hours)

# Teaching NSC Professional Truck Driver

UNIT	MODULE		TIMING (MINUTES)
4		About Professional Truck Driver	65
	4-1	Professionals in the Roadway Community	45
	4-2	The Professional Driver	50
	4-3	Driving Strategies	65
	4-4	Handling Challenging Situations	45
			270 (4 hours 30 minutes)



### Teaching NSC Attitudinal Dynamics of Driving

UNIT	MODULE		TIMING (MINUTES)
4		About Attitudinal Dynamics of Driving	50
	4-1	Driving in the Real World	45
	4-2	Self-Assessment Profile	20
	4-3	What Motivates Behavior	40
	4-4	What Do You Know?	25
	4-5	Total Behavior	30
	4-6	Planning for Change	35
	4-7	Driving Choices and Behaviors	40
	4-8	Choosing Responsible and Respectful Behaviors	30
			315
			/

(5 hours

#### 15 minutes)

#### Teaching NSC Chronic Offender

UNIT	MODULE		TIMING (MINUTES)
4		About Chronic Offender	55
	4-1	I Need to Know!	60
	4-2	What I Choose to Do	50
	4-3	The Reality of My Choices	50
	4-4	Taking Responsibility	25
			240

(4 hours)

#### Teaching State Courts Against Road Rage

UNIT	MODULE		TIMING (MINUTES)
4		About State Courts Against Road Rage	40
	4-1	How Did You Get Here?	50
	4-2	The Deadly Sins of Driving	40
	4-3	Impaired Driving	40
	4-4	What Can Happen?	40
			210
			(3 hours

30 minutes)

\*There are six different Unit 4s — one for each curriculum. The timing for each Unit/Module is based on passing all tests on the initial trial. Timing for each Unit/Module may vary among Candidate Instructors. The Modules and tests run from as few as four to as many as eight depending on the curriculum. Candidates must score 100% to move to the next Module. This may mean retaking the same test until the Candidate passes.

#### **Practice Teaching**

Within two weeks of the completion of the final module of the final unit required for Certification, the Training Center will receive the Candidate's DDC Credentials. The Training Center is to monitor at least two complete programs taught by the instructor prior to signing and issuing the Certificate to the new instructor.